

「Health Plus」自選檢查項目 Check-up Scheme opt-in items

適用於所有計劃 Applicable to Plan 1 - Plan 2

檢驗項目 Investigation Items

運動心電圖檢查 Treadmill Test



冠狀動脈電腦斷層造影 (鈣化評分)

CT-Coronary Angiogram (CTCA) with Calcium Scoring

(適合70歲或以上人士)
(recommended for people aged 70 or above)



冠狀動脈電腦斷層造影 CT-Coronary Angiogram (CTCA) without Calcium Scoring



超聲心動圖 Echocardiogram



24小時心電圖檢查 24-hour ECG (Holter) Monitoring

「Health Plus」自選檢查項目將不定期更新，詳情可向本中心的服務人員查詢。
Health Plus Check-up items will be updated from time to time.
For details, please contact our service team.



地址 Address :

香港新界沙田澤祥街9號香港中文大學醫院11樓保健中心
Wellness Centre, 11/F, CUHK Medical Centre, 9 Chak Cheung Street,
Shatin, New Territories, Hong Kong

大學站（東鐵綫）（B出口） University Station (East Rail Line) (Exit B)

服務時間 Service Hours :

星期一至五: 09:00 - 17:00	Monday to Friday: 9:00AM - 5:00PM
星期六: 09:00 - 13:00	Saturday: 9:00AM - 1:00PM
星期日及公眾假期休息	Closed on Sunday and Public Holidays

查詢及預約 Booking and Enquiry :

☎ 保健中心 Wellness Centre: (852) 3946 6188

了解更多 Learn More :



f CUHK Medical Centre

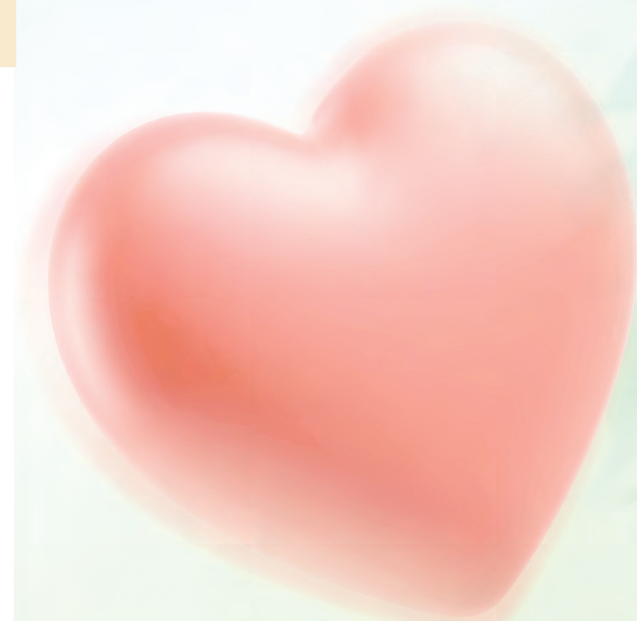
@cuhkmedicalcentre

CUHKMC_HK

https://www.cuhkmc.hk/tc

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CUHKMC/HEALTH/HEALTH/INTRO/2025/05



心臟健康 檢查計劃 Heart Health Programme

- 中大醫院心臟科及保健中心醫療團隊共同設計
Jointly designed by CUHKMC's Cardiology and Wellness Centre medical teams
- 心臟醫療及教授團隊為後盾
Backed-up by medical and professorial team in Cardiology

心臟健康檢查計劃 Heart Health Programme



統計數字顯示，自六十年代起，心臟病已是本港第三號殺手。當中更以冠心病為首。於2020年，每天平均約有10.5人因冠心病而死亡[^]。

由中大醫院心臟科及保健中心醫療團隊共同設計的心臟健康檢查計劃（計劃），透過評估以協助您更適切地關注心臟健康。計劃針對您的需要備有不同選擇，有助及早發現潛在性的心臟問題，促進心臟健康。

Heart diseases have been the third leading cause of death in Hong Kong since the 1960s. Coronary heart disease is the major cause of death among all types. In 2020, about 10.5 persons on average died from coronary heart diseases per day[^].

The Heart Health Programme (Programme) is jointly designed by the CUHKMC Cardiology and Wellness Centre medical teams with assessments for better monitoring your heart health. The Programme is designed to offer you choices in promoting heart health through early detection of potential heart problems.

[^] 香港健康寶庫 HealthyHK (https://www.healthyhk.gov.hk/phsweb/en/chart_detail/24/)

計劃特色 Programme Features



心臟科及保健中心醫療團隊
共同設計
Jointly designed by the Cardiology and
Wellness Centre medical teams



不同計劃選擇符合不同需要
Plans to suit different needs



心臟醫療及教授團隊為後盾
Backed-up by medical and professorial
team in Cardiology

心臟健康檢查計劃 內容和收費 Heart Health Programme Details & Fee

檢查項目 Investigation Items	計劃 (一) Plan 1	計劃 (二) Plan 2
計劃包含下列項目，除特別註明外 Plans include items listed below unless otherwise specified		
諮詢及評估 Consultation and Assessment		
體格檢驗 Physical Examination		
血壓、身高、體重 Blood Pressure, Height, Body Weight	✓	✓
體重指標 (BMI)、腰圍 Body Mass Index (BMI), Waistline	✓	✓
十年ASCVD風險計算 10-year ASCVD Risk Assessment	✓	✓
醫生檢查前會診及解釋報告 Pre-Consultation & Report Analysis by Doctor	✓	✓
血液檢測 Blood Analysis		
全血計數 Complete Blood Count		
紅血球、血色素、白血球、血小板 Erythrocytes (red blood cell), Hemoglobin, White Blood Cell, Platelet	✓	✓
冠心病風險 Coronary Artery Disease Risk Assessment		
全血脂分析 Lipid Profile		
總膽固醇 Total Cholesterol	✓	✓
高密度膽固醇 High-density Lipoprotein Cholesterol	✓	✓
低密度膽固醇 Low-density Lipoprotein Cholesterol	✓	✓
非高密度脂蛋白膽固醇 Non-high-density Lipoprotein Cholesterol	✓	✓
三酸甘油脂 Triglycerides	✓	✓
總膽固醇及高密度膽固醇比率 Total Cholesterol / HDL ratio	✓	✓
糖尿病評估 Diabetes Assessment		
空腹血糖 Fasting Blood Sugar	✓	✓
糖化血色素 HbA1c	✓	✓
肝功能評估 Liver Function Assessment		
谷丙轉氨酵素 ALT	✓	✓
腎功能評估 Renal Function Test		
肌酸酐 Creatinine	✓	✓
心臟健康評估 Heart Assessment		
靜態心電圖 Resting ECG	✓	✓
超聲心動圖 Echocardiogram	✓	
冠狀動脈電腦斷層造影* CT-Coronary Angiogram (CTCA) without Calcium Scoring*		✓

優惠價 (港幣) Discounted Fee (HKD)	\$5,600	\$7,960
原價 (港幣) Original Fee (HKD)	\$6,230	\$8,540

* 可以港幣 \$1,642，將冠狀動脈電腦斷層造影，升級至冠狀動脈電腦斷層造影 (鈣化評分)
* You have the option to upgrade to CT-Coronary Angiogram (CTCA) with Calcium Scoring at a discounted rate of HKD\$1,642